



Stanmore Canteen Menu



Every day hot food

Homemade spinach and cheese gozleme \$5.50

Homemade sausage rolls \$4.80

Homemade napolitana with pasta \$6

Homemade bolognese with pasta \$6.50

Oven baked Chicken nuggets (5pc) \$4.50 (10pc) \$8

Oven baked Chicken goujon (5pc) \$5 (10pc) \$9

Oven baked vegetable spring roll (5pc) \$3.80

Premium Beef pie By Patchett pie \$5.80

Teriyaki chicken don \$6.80

*****wooden cutlery are free with purchased Lunch (e.g bolognese) otherwise 10c each

add lemon wedges 50c

add tomato or bbq sacuce 30c

add parmesan cheese 50c

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add tomato or bbq sauce 30c

add avocado \$1, Boiled egg \$1

Monday special

Lunch Bento box

Choice of sushi roll or sandwich

With chicken goujon, fruits, vegetable sticks and mini baked goods \$9

or

Onigiri box

2 Rice balls with vegetable spring roll, edamame and apples \$6

Tuesday special

Homemade pizza

Margherita (tomato and cheese) \$6

Hawaiian (ham and pineapple) \$6.50

Chicken (teriyaki chicken and corn) \$6.50

Wednesday Special

Mixed dumpling box

with edamame and fruit \$6.50

Thursday

Stirfry hokkien noodle

With egg, carrot, cabbage, broccoli, capsicum \$6.50 Add chicken \$1

Friday special

Toasted Wrap

Ham and cheese \$6

Tuna mayo and corn \$6

Chicken, spinach and cheese \$6.80

Snack

See more snacks at counter

Whole fruit \$1.50

Vegetable stick cup \$3

Homemade daily muffin \$2

Homemade Banana bread \$2.50

Homemade waffle Half \$1 Whole \$2

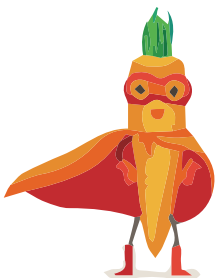
Oven baked hash brown \$1.50

Fruit salad cup \$3.50

Edamame cup \$2.80

Healthy popcorn \$1

Ice Block \$1





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Homemade sushi rolls add soy sauce 30c

Teriyaki chicken
Teriyaki chicken + cucumber
Teriyaki chicken + avocado
Tuna mayo
Tuna mayo + cucumber
Tuna mayo + avocado
Tuna no mayo
Tuna no mayo + cucumber
Tuna no mayo + avocado
Plain Cucumber
Plain Avocado
1 roll \$4.50
2 rolls \$8
3 rolls for \$10.50

Baby sushi roll box (8pc) for \$4.5

Tuna mayo
Tuna no mayo
Avocado
Cucumber

Fresh / Toasted sandwich

Vegemite \$2.70
Vegemite and cheese \$3.20
Strawberry Jam \$2.70
Cheese \$3.50
Cheese and ham \$4
Salad Sandwich \$4.50 *add cheese 50c*
Egg and mayo sandwich \$4.50
Cheese toastie \$3.5
Cheese and ham toastie \$4
Cheese and avocado toastie \$4.50

Meal deal

A. Sushi meal deal \$8.80
Choice of sushi roll, edamame, vegestick and bottle of water
B. Sandwich meal deal \$7.80
Choice of 1 sandwich, daily muffin and choice of fruit juice
C. Gozleme Meal deal \$8.80 *add lemon wedge 50c*
Home made gozleme, fruit cup or vegestick cup and choice of fruit juice

Drinks

Bottle water 600ml \$2
Fruit juice (Health Star Rating) \$2.50
Up and go 250ml \$2.80
Chill J (sparkling fruit juice) \$2.80
Milo hot or cold \$1.50

choice of Apple, Orange, Tropical, Apple Blackcurrant
choice of Ice Chocolate, Vanilla, Strawberry
choice of Raspberry, Watermelon, Grape, Apple Coola

